## **JULY 2017**

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## ARNOLD F. HABIG COMMUNITY CENTER OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546 Phone: 812-482-4455

Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
Center Open 1-4	3 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Golf	4 Center Closed HAPPY 4TH OF JULY!!!	5 9-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Dominoes	6 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	7 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hand & Foot 3pm Money due for Ellis Park	8
9 Center Open 1-4	9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Phase 10 3pm RSVP due for catered meal	11 12:30 Scrabble 12:30 Pay Me	9-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Tripoley	8:15am Depart for Patti's 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	14 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hearts 3:00 RSVP for Lunch Bunch	15
Center Open 1-4	9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Golf	18 11:15 Blood Pressure Checks 12:00 BINGO	9-10:30 Free Computer assistance 11:00 Water Aerobics 11:00 Lunch Bunch 12:30 Mah Jongg 12:30 Phase 10	9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tour- ney 12:30 Hand & Foot	21 8:30 Mah Jongg 10:00 Singing Seniors @Brookside 12:30 Dominoes	22
Center Open 1-4	9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Texas Holdem	25 12:00 Catered Meal 12:30 Tripoley 12:30 Scrabble	9-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Hearts	9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	28 8:30 Mah Jongg 10:00 Singing Seniors 12:30pm Pay Me	29
30 Center Open 1-4	9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Dominoes					

## AVAILABLE DAILY AT THE CENTER

**WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



OUTSIDE WALKING TRAIL: Each lap equals 1/3 Mile. Exercise and enjoy the beautiful summer weather.

FITNESS ROOM: Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)

<u>CARDS</u>: Card tables available for your use on a daily basis.

BILLIARDS/POOL: Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.

COMPUTER LAB: The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.

# REGULAR SCHEDULED ACTIVITIES

SINGING SENIORS: Meet Friday mornings at 10 a.m. at the Habig Center to practice. They will be singing at Brookside Village on Friday, July 21st at 10:00 am.



BINGO: Will be played at 12 p.m. on Tuesday, July 18th. We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. \*\*\*You may want to bring a sweater or jacket, it sometimes gets cool.

BLOOD PRESSURE CHECKS: Will be available in the Banquet Room starting at 11:15 a.m. on Tuesday, July 18th.



<u>PUZZLES:</u> We have a puzzle on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.

EXERCISE CLASS: Every Monday and Thursday morning at 9 a.m. in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

EXERCISE CLASS: For more of a challenge, come in at 9:45 a.m. on Monday and Thursday mornings for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



#### **CARD TOURNEYS**

Thursday, July 6th
Cinch Tourney
Thursday, July 13th
Rum Tourney
Thursday, July 20st
Sheephead Tourney
Thursday, July 27th
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to 1st, 2nd & 3rd places. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.



#### TEXAS HOLDEM:

Will be played Monday, July 24th at 12:30 p.m. There is a \$1.00 charge for the chips and the winner receives a cash prize. Reservations are due by 10 a.m. the morning you play.

#### **DOMINOES**:

The Mexican Train version will be played at 12:30 p.m. on Wednesday, July 5th and Friday, July 21st and Monday, July 31st. It is a fun game that is easy to learn. Everyone is welcome! Please call in by 10 a.m. the moring you plan to play.

PAY-ME: A game similar to Rum but played with 3 decks of cards, including the jokers will be played at 12:30 p.m. Tuesday, July 11th and Friday, July 28th. Please call in by 10 a.m. if you are coming to play.

TRIPOLEY: Bring your pennies to play Tripoley at 12:30 p.m. on Wednesday, July 12th and Tuesday, July 25th. This game is lots of fun! Please call in by 10 a.m. if you are coming to play.

SCRABBLE: How about a little challenge? Come in to play Scrabble at 12:30 p.m. on Tuesday, July 11th and 25th. We have lots of fun! Please sign up by 10 a.m. game day if you plan to play.

PHASE-10: Will be played Monday, July 10th and Wednesday, July 19th at 12:30 p.m. It is a fun easy card game, Please call by 10:00 a.m. if you are coming to play.

HEARTS: We will play at 12:30 p.m. on Friday, July 14th and Wednesday, July 26th. This game is easy to learn and very enjoyable. Please call by 10:00 a.m. if you are coming to play.

GOLF: The card game will be played Monday, July 3rd and Monday, July 17th at 12:30 p.m. Four to six players can play before adding another deck. Low score wins the game. If you've played before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. Please call by 10:00 a.m. if you are coming to play.

HAND AND FOOT: A 2 handed game of game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us on Friday, July 7th and Thursday, July 20th at 12:30 p.m. Please call in by 10:00 a.m. if you would like to play.

<u>PUZZLES</u>: We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



MAH JONGG: Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. If you would like to play, please call by 10 a.m. to let us know. New players always welcome.

#### \*\*\*SPECIAL ACTIVITIES\*\*\*

ALL TRIPS AND ACTIVITIES ARE FOR DUBOIS COUNTY RESIDENTS 55 YEARS AND OLDER. WHEN SIGNING UP FOR TRIPS, ONLY 4 INDIVIDUALS PER SIGN UP.

#### LUNCH BUNCH: Join us at

China's Best in Jasper, on Wednesday, July 19th at 11:00 a.m. The buffet is \$6.69 with drink for Senior Citizens. As always the meal is "dutch treat". Reservations are due to the Center by 3:00 p.m. on Friday, July 14th. Come enjoy good food and visit with friends.

CATERED MEAL: Join us for our catered meal on **Tuesday**, **July 25th at Noon** in the banquet room. Sander Catering will prepare the meal consisting of: Meatloaf, mashed potatoes & gravy, peas. California medley with cheese, tossed salad with dressings, bread & butter and unsweetened iced tea. Cost of the meal is \$8.50 payable at the meal. For reservations call the Center by 3:00 p.m. Monday, July 10th. Reservations <u>must</u> be made by July 10th.

BOOMERAMA: We are changing this activity. Watch here for upcoming information as we move to a quarterly schedule.

BOOK CLUB: On Thursday, July 13th at 12:30 p.m. We will be discussing "The Woman in Cabin 10" by Ruth Ware. The August book will be "This Life I Live" by Rory Feek. As rising stars in the country music scene, Joey and Rory Feek take time off the road for a new chapter, a family. During this time Rory starts a blog not knowing that he will soon be documenting his wife's battle with cervical cancer. They face it head on with hope, love and an unwavering faith in God. Read "This Life I Live" and discuss it with August.10th. New members are always welcome. (Meet in the library at the Center)

<u>WATER AEROBICS</u>: Jasper Municipal Pool every Monday & Wednesday morning at 11 a.m. The cost of the 45 minute class is \$4.00 per perticket.

#### **BIRTHDAY & ANNIVERSARY:**

If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the month and day. Thank you!!

BOOK SHELF: The books are downstairs in The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



<u>SUNDAYS</u>: The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

**BRIDGE:** Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812) 482-3299 or Mary Ann Seng at (812)482-1101. New players welcome.

#### **CLOSING**:

The Older Americans Center will be closed Tuesday, July 4th in observance of Independence Day.

\*\*There is a \$25.00 charge for all returned checks\*\*

### **TRIPS**

Our trips leave from Schroeder Sports Complex.

# PATTI'S RESTAURANT & BADGETT PLAYHOUSE Thursday, July 13th

We will leave Schroeder Sports Complex at 8:00 a.m. with pickup at Huntingburg at 8:15 a.m. We will arrive at Patti's for lunch, then on to Badgett's Playhouse to see "The Super 60's Show". There will be a stop on the way down to stretch and for something to eat on the way home. The sign-ups for this trip were in May.

#### ELLIS PARK TRIP Friday, August 11th

We will leave Schroeder Sports Complex at 11:00 a.m. with pickup in Huntingburg at 11:15. Cost of the trip is \$57.00. Money is due to the Center by Friday, July 7th. Sign-ups were due in

#### **FUTURE TRIPS PLANNED:**

**Tropicana**—Wednesday, September 27th, Watch the August calendar for more information and sign-ups.

**Covered Bridge Festival**(Mansfield) Wednesday, October
18th

**Daviess County Indiana Amish Tour**— Wednesday, November 15th

**Derby Dinner Playhouse -** December 1st

#### **Recipe Exchange**

#### **GRANDS! UNSLOPPY JOES**

**Ingredients:** 

1 pound lean ground beef, cooked, drained 1 can (15 oz) sloppy joe sauce 1 teaspoon chili powder 1 can (16.3 oz) Pillsbury Grands refrigerated

biscuits 1/2 cup shredded cheddar cheese (2 oz)

Directions: Heat oven to 375 degrees. In a large skillet, cook ground beef over medium-high heat until beef is thoroughly cooked, stirring frequently; drain. Stir in sauce and chilli powder; simmer 5 minutes. Press each biscuit into 6-inch round. Spoon 1/3 cup meat mixture and about 1 tablespoon cheese onto center of each round. Fold dough in half over filling; press to seal. Place on ungreased cookie sheet. Bake 9 to 14 minutes or until golden brown.

Recipe from Pillsbury.com.

Have a good recipe to share? We would be happy to publish it.

Call the Center at 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. on **Mondays**. You will enjoy the day!!

There will be Bingo all 4 Wednesdays in July



#### **TRIPS**

All trips are open to anyone over 18 years of age.

#### **Cape Cod Trip**

Reservations and down payment for Cape Cod trip are due by July 3 with final payment due by August 30th. (Cost is \$744)

#### **Caribbean Cruise**

The Caribbean Cruise requires a deposit of \$100 per person by August 25th with final payment due October 11th. (Cost is \$1,909 - \$2,159)

#### Games in the Park

Every Thursday from 9am-11am now through August 31st. We have Ladderball (hillbilly golf), corn hole, mini golf, washers, and possibly croquet.

#### HUNTINGBURG SENIOR CENTER JULY, 2017

There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others

The Huntingburg Senior Center has games and activities available for those who don't play cards.

Battleship Boggle Skip-Bo Chinese Checkers Dominoes Uno Mastermind Monopoly Sorry Rummikub Left, Right, Center Yahtzee Puzzle books Sudoku Left, Right

Deer in the Headlights - A card & dice game. Several have learned to play this and really enjoyed it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

\*\*We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.\*\*

Feel free to come to the Center 8-5 Monday, Wednesday, or Thursday for your choice of games or cards. Don't forget we will be at the Park Thursday mornings.

#### LUNCH

Lunch will be provided at noon Monday, July 31, for those coming to hear the speaker at 1:00. The speaker will be Leann Berger, The Hearing Doctor.



\*\* Get your Blood Pressure Checked\*\*
Wednesday, July 5th from
12:30 - 1:00 p.m.



Join the **SENIOR FUN GROUP** at Breakway Lanes in Huntingburg every Tuesday and Friday at 1:00pm. Bowl 3 Games for \$7.35 plus the cost of shoes. Free coffee and popcorn.



#### **JULY BIRTHDAYS**

Rich Kane	July 1
Bill Wissel	July 3
Kathy Hopf	July 21
MaryLou Siddons	July 23

JULY 2017



### HUNTINGBURG SENIOR CENTER 309 N Geiger St Huntingburg IN 47542 812-683-2994

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 12:30 Cinch Tourney Sponsor: Brookside	4 1:00 Bowling Happy 4th of July!	5 12:30 BP Checks 1:00 Bingo Sponsor: So. Care Hospice 2:00 Cards & Games	6 9-11am Games in the Park 1:00 Cards & Games	7 1:00 Bowling	8
9	10 12:30 Euchre Tourney Sponsor: The Timbers	1:00 Bowling	12 1:00 Bingo Sponsor: St. Charles 2:00 Cards & Games	9-11am Games in the Park 1:00 Cards & Games	14 1:00 Bowling	15
16	17 12:30 Cinch Tourney Sponsor: Angels of Mercy	18 1:00 Bowling	19 1:00 Bingo Sponsor: Scenic Hills 2:00 Cards & Games	9-11am Games in the Park 1:00 Cards & Games	21 1:00 Bowling	22
23	24 12:30 Euchre Tourney Sponsor: Willowdale	25 1:00 Bowling	26 1:00 Bingo Sponsor: The Waters 2:00 Cards & Games	27 9-11am Games in the Park 1:00 Cards & Games	28 1:00 Bowling	29
30	31 12:00 Lunch 1:00 The Hearing Doctor					